

**INTAKE FORM**

Name \_\_\_\_\_ Birth date \_\_\_/\_\_\_/\_\_\_ Today's date \_\_\_/\_\_\_/\_\_\_

Address \_\_\_\_\_ Home phone \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Work phone \_\_\_\_\_

Email \_\_\_\_\_ Cell phone \_\_\_\_\_

Which number can we leave a message on? \_\_\_\_\_

Gender \_\_\_ Marital status \_\_\_\_\_

Household:

\_\_\_ Live with partner and/or children

\_\_\_ Live with parents/other family

\_\_\_ Live alone

\_\_\_ Live with roommate/other

\_\_\_ Other

Spouse/Partner's Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_ Work phone \_\_\_\_\_

Children (names and ages) \_\_\_\_\_

Please list any current or chronic medical conditions \_\_\_\_\_

\_\_\_\_\_

List any medications you are taking \_\_\_\_\_

Current work/occupation \_\_\_\_\_ Employed now? \_\_\_Yes \_\_\_No

Main occupation in the past 5 years? \_\_\_\_\_

Highest grade completed \_\_\_\_\_ Certificate/degree \_\_\_\_\_

Emergency contact person \_\_\_\_\_ Phone \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

*(Please turn this page over)*

Have you been in counseling or psychiatric treatment before? \_\_\_ Yes \_\_\_ No  
When? \_\_\_\_\_

Purpose? \_\_\_\_\_

What are your reasons for coming to our agency? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are your goals for seeking counseling? \_\_\_\_\_  
\_\_\_\_\_

Please circle any of the following that concern you:

nervousness	depression	fears	shyness
sexual problems	suicidal thoughts	divorce	finances
anger	self-control	health problems	sleep problems
stress	work/school	relaxation	headaches
drug use	legal matters	memory	ambition
energy	insomnia	making decisions	bowel troubles
concentration	education	career	friends
stomach problems	inferiority feelings	nightmares	children
unhappiness	drinking	physical abuse	eating problems
loneliness	my thoughts	temper	tiredness
sexual abuse	parenting	self-harm	gambling

other: \_\_\_\_\_

Do you have concerns about your use of alcohol or any other substances? \_\_\_ yes \_\_\_ no

Has anyone else expressed concern about your use of any substances? \_\_\_ yes \_\_\_ no

If yes, which one(s)? (please circle)

alcohol tobacco cocaine amphetamines marijuana heroin other opiates  
other \_\_\_\_\_

Ethnic background (optional)

\_\_\_ Caucasian \_\_\_ Asian American \_\_\_ African American \_\_\_ Hispanic

\_\_\_ Native American \_\_\_ Pacific Islander \_\_\_ Other

Thank you.